



VOL. 4 ISSUE 12 · NOVEMBER 2023

# MISSILE

Official Newsletter of Cobourg Legion Br#133



## Presidents Report

Good day comrades.

October was a good month with entertainment and the meat draws. The community, other organizations and members were very generous with donations to recoup from the break in. I want thank everyone for their donations, it helped us so much.

I look forward to the Remembrance Day events and hope for a successful poppy campaign.

As always, please do not hesitate to reach out to me if you have any questions, concerns or complaints.

In comradeship,  
Rod Ingersoll  
President  
Cobourg Branch 133

## Club Room Bar Hours:

Monday and Friday

1:00pm - 11:00pm

Wednesday

1:00pm - 9:00pm

Tuesday, Thursday and

Saturday

1pm - 6:00pm

Sundays

12:00pm - 6:00pm

\*The Clubroom opens early  
for Cards, Darts and Pool

ROYAL CANADIAN  
LEGION COBOURG  
BRANCH 133  
135B Orr St.  
Cobourg, ON  
K9A 0J6

OFFICE: 905-372-2231  
CLUB ROOM: 905-372-1996  
office@cobourglegion.ca

[www.cobourglegion.ca](http://www.cobourglegion.ca)

## LA Presidents Report

Our Ladies Auxiliary has been busy in October through several catering events, meat pie making, preparing for Poppy Campaign, and upcoming fundraising projects as noted below.

A Sunday Brunch was held on October 23, a successful fundraiser and well received by the positive feedback given. Another will be held November 26, prior to the Open Mic in the Club Room. Hope you will attend and bring family and friends.

A team of Ladies Auxiliary members prepared beef meat pies October 24th and are available for purchase by reaching out to Ladies Auxiliary members. Limited quantity available, so get your asap.

The kitchen cooler and/or refrigerators had been experiencing operating issues. I wish to extend a huge thank you to Branch for getting replacement in place.

November started off busy with the Poppy Campaign and I thank the many Ladies Auxiliary members who have worked in the Kitchen, Tagging & Dispatch areas during the Poppy Campaign.

The Ladies Auxiliary Color Party & I are participating in the Alderville Remembrance Day Service on November 5 and also the Cobourg Remembrance Day Service on November 11.

The Ladies Auxiliary have a Cheese Fundraiser starting November 6 through November 19. This is a great opportunity to support our organization through your cheese orders for the upcoming Christmas holiday season. Please check with a Ladies Auxiliary member or see poster for the details.

The Ladies Auxiliary are hosting a Craft Sale on November 18th and will have a Ladies Auxiliary Bake Sale table. Ladies Auxiliary membership, we need your baked good donations for this table.

The Ladies Auxiliary Early bird for a paid membership draw continues until end of November to be entered and drawn at the Christmas dinner party on December 4.

November convenors are Aldene Cooper 905-372-5624 & Jan Bradford 905-372-5830. The November workers are Mandy Bevan, Kaitlin Brown, Lynda Casey, Michelle Clayton, Rhonda Ferguson, Patricia Greer, Toby LaRocque, Clara Manning, Brenda Rylott & Sheila Stevenson.

We also appreciate and need other members to assist in the months as many catering events are coming up:

Nov 9 Visually Impaired Group, Nov 10 Rotary Luncheon, Nov 11 Remembrance Day luncheon and Veterans Dinner, Nov 12 Branch Snooker, Nov 15 Over 55 luncheon, Nov 24 Ostomy Support Group, Nov 25 Branch Zone Darts, Nov 26 LA Brunch, Nov 27 MS Support Group, Nov 30 Town of Cobourg Xmas Dinner.

Please reach out to the convenors to assist in an event that works with your schedule.

In Commadeship,  
Normalee Teskey  
LA President -RCL Br.# 133, Cobourg Ontario

## RENT OUR HALL

CATERING AVAILABLE  
THROUGH LADIES  
AUXILIARY

TO BOOK THE HALL  
CONTACT:  
NANCY TURPIN  
905-372-0493  
FOR CATERING  
CONTACT:  
SUE POELSTRA  
905-342-2087





# Membership

Wow, 19 new members were initiated on October 19th and several more have applied to be initiated at our general meeting on November 16th! Make sure you renew your membership before the end of November to be able to participate in the earlybird draw for a chance to win your 2025 dues! Congratulations to Stephanie Hobbs, who won for the September earlybird draw!

Yours in comradship,  
Pat Long  
Membership Chair

# Sick and Visiting

Visits to NHH and still there is Tom Mathews and Sharon Roffey. Esther Brace was in and out before we knew it. Wishing all a speedy recovery and good health. To those that have lost a loved one our thoughts and prayers are with you.  
Judy Elliott  
Sick and Visiting

**Loonie Draw  
October  
Opening Balance Oct 1st  
\$2550.00**

**Oct 7th \$170.00**

**Oct 14th \$214.00**

**Oct 21st \$255.00**

**Oct 28th \$121.00**

**Closing Balance \$171.00**

**One Winner Oct 21st Jenny  
Allison**



## Secretary

Happy 95th Birthday to Branch 133 Cobourg. On November 6th 1928, our Branch charter was signed. Only 5 short years to plan some celebration events for our 100th!

We have been working hard in the office getting it sorted and straightened up. Thankyou for the donations of 2 shelving units which has helped immensely.

Mark your calendars for our next General meeting November 16th at 7:30pm. If you have any questions, suggestions, or concerns, you can email me [Secretary@cobourglegion.ca](mailto:Secretary@cobourglegion.ca) or drop me a line and put in my mailbox just inside the clubroom.

Janet Kyle  
Secretary

## Lotto

The Meat rolls have been getting more active now that summer and trailer season is over. Remember the meat roll is on Friday's at 5pm and Saturday's at 3pm.

While you are at the meat roll, try your hand at a few Nevada Break Open Tickets. You never know, you could become \$100.00 richer! Nevada not your game? Then as long as your membership is paid up and in good standing, play the loonie draw. Buy your ticket at the bar, fill in your name exactly as it shows on your membership card, and drop in the box. Draw is made every Saturday.

Congratulations to our latest big winner, Jenny Allison who won over \$1300.00

The more everyone plays, the more we are able to give back to the community - a minimum of 50% of our profits and also help keep the lights on at the Branch.

Thankyou for supporting our Branch and the Community

Janet Kyle  
License and Lotteries  
[Secretary@cobourglegion.ca](mailto:Secretary@cobourglegion.ca)

## Meat Draw Report October

**FRIDAY**                      **SATURDAY**

|                           |                           |
|---------------------------|---------------------------|
| 6th<br>\$756.00           | 7th<br>\$732.00           |
| 13th<br>\$643.00          | 14th<br>\$1190.00         |
| 20th<br>\$565.00          | 21st<br>\$1004.00         |
| 27th<br>\$726.00          | 28th<br>\$827.00          |
| <b>Total</b><br>\$2690.00 | <b>Total</b><br>\$3753.00 |

**Grand Total**  
**\$6443.00**

Total Expenses for October  
\$3613.06

Net Profit  
\$2830.94  
(Legion gets Half)





# Padre

## REMEMBER

The Boer War took place in South Africa. Seven thousand Canadians served to aid the British, from 1899 to 1902. World War 1, also called The Great War ran from 1914 to 1918. 65000 Canadians gave their lives and 172000 were wounded. We Remember these by learning about them from history ( and The Internet). Many of us learned about The Great War from Grandparents.

For many, the Second World War (1939 to 1945) is part of our living memory. I remember the German occupying forces in The Channel Islands . The islands were occupied from July 1940 to May 1945. ( Yes, I am that old. ) Close to thirty thousand Canadians died and more than 54000 were wounded.

I Remember as a young boy, going to the Cenotaph Service on Nov 11th. and feeling very sad because of all the people who died, especially my dad. My Mother told me, he was killed. Many of us have hard memories too, which are stirred on November 11th.

Many younger people today, do not share that sense of loss. It is essential that we maintain the traditions of remembering so that the world never forgets.

What memories stir in you on these occasions?

## ACT OF REMEMBRANCE

They shall grow not old, as we that are left grow old: Age shall not weary them, nor the years condemn. At the going down of the sun And in the morning We shall remember them.

An excerpt from “For the Fallen” by Laurence Binyon

## REMEMBER

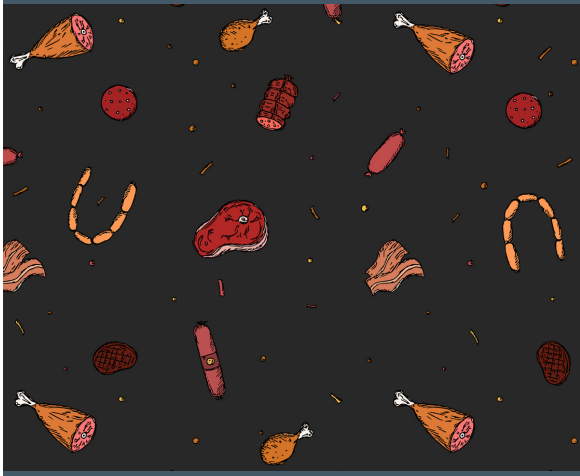
Chaplain Art.



# Meat Draws

EVERY FRIDAY @ 5PM  
AND  
SATURDAY @ 3PM

WE NEED VOLUNTEERS  
TO HELP WITH THE  
DRAWS. SIGN UP  
CALENDARS ARE IN THE  
CLUB ROOM





## Entertainment

October was a fun month for Entertainment. We had our first movie afternoon featuring Show Boat the musical. All in attendance enjoyed the movie and free popcorn. It was agreed that Gone with the Wind would be a great movie to watch together and it will be our November movie on the 12th. We also hosted our monthly Karaoke and open Mic which are also a lot of fun with so much local talent. We introduced a new Artist Michelle who lead a large group of us through making a Halloween craft of wooden boards with a Halloween motif. It was great time and each participant came away with a beautiful board! In November we will be painting wine glasses with Michelle with a Christmas theme! We ended the month with a Halloween Dance with the band Causal Friday. This was our most attended event to date! The music kept us dancing right to midnight with the crowd asking for more! We served a buffet of a light meal and the LA did an amazing! The dance and music was so awesome that Casual Friday has been booked for our New Years Eve dance in the banquet hall. Tickets will go on sale in November and are expected to sell out....so get your tickets early. In November we are looking forward to the American Thanksgiving with the showing of 413 football games and chicken wings on sale in the clubroom. That will take place on November 23. November 19th we will be having open mic in the clubroom and kicking off Christmas with two wine and Art nights. Details will be posted on the clubroom board. We look forward to seeing all of you at our upcoming events. Bring some friends and enjoy our beautiful clubroom and activities!

Mary MacNaull

Entertainment Committee Chair



Remembrance Day, November 11, has always been an important day for GGC and will continue to be. During the First and Second World Wars, Canadian Girl Guide members were active in supporting the nation's war effort, as well as helping children affected by war overseas.

Today, Girl Guide members continue to connect with members of Canada's military and veterans, both at home and while deployed, as well as welcome newcomers, and refugees in local communities. And each year, Girl Guides can be found at Remembrance Day ceremonies from coast to coast to coast.

Girl Guides of Canada members across Canada will continue to mark Remembrance Day with their units this year and it is part of our programming. Many units will participate in Remembrance Day events in their communities, including attending Remembrance Day parades and placing wreaths at local cenotaphs. Girl Guides of Canada also offers programming activities, including the Guiding Remembers Instant Meeting and the Canadian Women of Valour Instant Meeting.

I am aware that numerous Girl Guide units are signed up to attend Youth Night at the Canadian War Museum in Ottawa on November 9.

From our perspective, our priorities have not changed around Remembrance Day, and we will continue to focus on what is important - teaching youth to honour, show gratitude and respect for those that have served and continue to serve, but also to acknowledge our responsibility to work for the peace they fought to accomplish.



## Cadet Liaison

Illuminate Viam

I frequently get asked if Cadet Instructor Cadre (CIC) Officers (commonly referred as Cadet Officers) are real members of the Canadian Armed Forces (CAF). Although I carry CAF identification, I have a framed commission signed by the governor general and the ministry of defence, I wear a CAF uniform, attend CAF training courses, and draw a monthly pay cheque from the Department of National Defence, the question of my validity seems to be always questioned or queried.

Officers of the Cadet Instructors Cadre (CIC) are members of the Canadian Armed Forces (CAF) Reserve working as part of the Cadet Organizations Administration and Training Service (COATS). The CIC consists of approximately 5000 commissioned officers whose primary duty is the safety, supervision, administration, and training of over 50,000 cadets ages 12–18 in more than 1,000 corps and squadrons across Canada.

The role of the CAF is to defend Canada from threats to its security. Canada is more than just a land mass to defend, but it's made of much more, its people and their values. As a CIC officer I work with the youth of our society, most often the most vulnerable in means of those who need protection, guidance, and mentorship and provide these young people with the tools to become responsible members of our society in the future. As a CIC officer we train our cadets to become good Canadian citizens beyond their participation in the CCO.

Very seldom will you see CIC officers with campaign medals for service in far off places, as our battles are mainly fought sharing with the struggles of our youth of today. Mental health, drug addiction, suicide prevention, gender identification, stress of school, loss of a loved one, serious illness, bullying, sexual assault, family social and income status, etc. are common issues CIC officers are faced with.

Although we are not social workers but, in most cases, we are the front lines of defence in the protection of the future of our country. The first 5 years of my 35 year career in the CAF, I did defend this country training aboard ships as a reservist of the Royal Canadian Navy, however the last 30 years I have served my country by being there with a cadet who receives a message their parent passed away, by being there explaining why a fellow cadet may look different now due to chemo treatments, by being there to inform children's aid when a cadet has confided in you of an assault at home, by being there to secretly provide money to a cadet because their parent cannot afford a hair-cut, by being there to assist with grade 12 calculus, and just by being there to offer guidance to an eager individual.

I live by the CIC motto "Illuminate Viam" (Illuminate the Way), and proudly serve by defending the youth of Canada, and I will continue to serve in the CAF as a CIC officer defending this country by being there to see its future grow.

Lt(N) Christopher R. Barker, MSM, CD

Cadet Liaison Officer

RCL Cobourg Branch 133



## 2nd Vice President

All too often we hear “there are way to much politics in my Branch” We often see Membership divided to support specific characters or Members within the Branch and we see ideas get stonewalled because it comes from someone “from the other side”. We see people hold on to their Executive Positions for far too long and rarely do Members get groomed to move into executive positions. Those that “know things” guard their knowledge as knowledge is power and no one wants to give their power away. As a result, the organizatrion becomes stagnant, Members become frustrated and often leave. The result is the perception that there is no one interested in joining the Executive and the same people end up holding positions well past expiry date.

We need to understand a few things before we can move forward and evolve:

- The Legion is a living breathing organization that is passed from one generation ro the next. None of us own it. We protect and maintain it to pass on to the next generation and so on.
- We need to groom Members early to take on various roles. Knowledge may be power, but sharing that knowledge has even greater power.
- Know and understand that over time, you will reach the extent of your leadership abilities and as a result, your branch will reach the extend of its potential. At this stage you should be either looking for opportunities above Branch level to improve yourself further, or adopting the role of Mentor to support the incoming leadership.
- Members should support their Executive and the Executive should support its Members. We must remember our main goal is the support of ALL Veterans and their families. the momenbt you let your personal feelings of an individual get in the way, you hinder your Branch’s ability to provide that support. Remember that your Executive has been elected. You may or may not have voted for them, but the majority did. Respext that.
- Identify dtrengths among your Membership and use it. Our Membership comes from all walks of life and they often come with skills they would be happy to share. Take adavantage of that.
- Find teaching opportunities wherever you can and grooming Members to eventually take over key positions should start eearly. Use every opportunity in the day to day ectivities to explain or demonstrate procedures. If you wait until that Member is elected often it is to late.

Don Ramsey  
2nd Vice President





# November 2023



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

|  |  |                   |  |   |  |                       |
|--|--|-------------------|--|---|--|-----------------------|
|  |  |                   | 1<br>1pm Majhong<br>1pm LA Darts<br>6:30pm Trivia  | 2<br>1pm Drop in<br>Cards                                   | 3<br>5pm Meat Draw<br>6:30pm Mixed<br>Darts  | 4<br>3pm Meat Draw    |
| 5  | 6<br>12pm 55 Club<br>Darts<br>7pm Men's Darts  | 7<br>1pm Canasta  | 8<br>1pm Majhong<br>1pm LA Darts                   | 9<br>1pm Drop in<br>Cards                                   | 10<br>5pm Meat Draw<br>6:30pm Mixed<br>Darts | 11<br>Remembrance Day |
| 12<br>1pm Mixed<br>Fun Darts<br>3pm Classic<br>Movie | 13<br>12pm 55 Club<br>Darts<br>7pm Men's Darts | 14<br>1pm Canasta | 15<br>1pm Majhong<br>1pm LA Darts<br>6:30pm Trivia | 16<br>1pm Drop in<br>Cards                                  | 17<br>5pm Meat Draw<br>6:30pm Mixed<br>Darts | 18<br>3pm Meat Draw   |
| 19<br>1pm Open<br>Mic                                | 20<br>12pm 55 Club<br>Darts<br>7pm Men's Darts | 21<br>1pm Canasta | 22<br>1pm Majhong<br>1pm LA Darts                  | 23<br>12pm American<br>Thanksgiving<br>1pm Drop in<br>Cards | 24<br>5pm Meat Draw<br>6:30pm Mixed<br>Darts | 25<br>3pm Meat Draw   |
| 26<br>1pm Mixed<br>Fun Darts                         | 27<br>12pm 55 Club<br>Darts<br>7pm Men's Darts | 28<br>1pm Canasta | 29<br>1pm Majhong<br>1pm LA Darts<br>6:30pm Trivia | 30<br>1pm Drop in<br>Cards                                  |  |                       |



## Clubroom Calendar



# November 2023



SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

|                              |                                      |                                 |   |  |                                   |                             |
|------------------------------|--------------------------------------|---------------------------------|---|--|-----------------------------------|-----------------------------|
|                              |                                      |                                 | 1<br>7pm AbZoutely<br>Choir                           | 2<br>10:30am<br>Community Care                               | 3                                 | 4<br>1pm Private<br>Booking |
| 5<br>1pm Private<br>Booking  | 6<br>7pm LA General<br>Meeting       | 7<br>10:30am<br>Community Care  | 8<br>7pm AbZoutely<br>Choir                           | 9<br>10:30am<br>Community Care<br>2pm SVIG<br>7pm Ex meeting | 10                                | 11<br>Remembrance Day       |
| 12                           | 13                                   | 14<br>10:30am<br>Community Care | 15<br>12pm Over 55<br>Lunch<br>7pm AbZoutely<br>Choir | 16<br>10:30am<br>Community Care<br>7:30pm General<br>Meeting | 17                                | 18<br>10am LA Craft Sale    |
| 19<br>1pm Private<br>Booking | 20<br>7pm LA<br>executive<br>Meeting | 21<br>10:30am<br>Community Care | 22<br>7pm AbZoutely<br>Choir                          | 23<br>10:30am<br>Community Care                              | 24<br>1pm Ostomy<br>Support Group | 25                          |
| 26<br>11am LA Brunch         | 27<br>9am MS Support<br>Group        | 28<br>10:30am<br>Community Care | 29<br>7pm AbZoutely<br>Choir                          | 30<br>10:30am<br>Community Care<br>6pm Private<br>Booking    |                                   |                             |



## Banquet Hall Calendar