



ROYAL CANADIAN LEGION COBOURG BRANCH 133  
135B Orr St. Cobourg, ON K9A 0J6  
OFFICE: 905-372-2231  
CLUB ROOM: 905-372-1996  
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**2025 MISSILE –  
Official Newsletter of Cobourg Legion Br#133  
Vol 10 Issue 6**

**Presidents Report**

June 2025

May was a big month for our Branch Elections. There are some new faces along with some familiar faces this year. Here is a rundown...

President	Janet Kyle
Past President	John Aitken
1 <sup>st</sup> Vice	Jennifer Robison
2 <sup>nd</sup> Vice	Don Ramsey
Sgt – at – Arms	Ian Kyle
Secretary	Joanne French
Chaplain	Art King
Ben Burd	Executive Member
Blair Brown	Executive Member
Chris Barker	Executive Member
Matt Slade	Executive Member
Josephine Upton	Executive Member

At the meeting, I was able to share our accomplishments over the past year which I have attached for those of you who were not able to attend.

**Our next General meeting is Thursday June 19<sup>th</sup> @ 7:30pm**

Meetings we Welcome in new members and the executive share their reports. We encourage you - the members - to attend to know what is happening with in the Branch, and meet the newest members of the Branch. Meetings ae generally over by 9pm and then we get to share some comraderie in the clubroom.

I look forward to seeing you there!

Yours in comradeship

**Janet Kyle**



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**Veterans Save 20%**



**Owned by our very own Vice Chair Jennifer Robison.**

Delicious food, generous portions, excellent service and prices.

NOW if she can run a restaurant and volunteer, surely you can give a little! 😊



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### **AGM Report -May 15<sup>th</sup>, 2025**

A year ago, we had discussed renting out spaces in our parking lot to try and generate income. We chose not to move ahead, and probably a good thing, as we have increased our traffic to the legion and on many occasions, we are at full capacity.

We had a booth at the waterfront festival last year and teamed with Legion Village for parking and will be teaming with Legion Village again this year.

We were able to sign up to run Bingo Sessions at Hometown bingo which have been very successful for so little work. Always looking for volunteers.

We were able to honour the Hong Kong Veterans with a small ceremony and a plaque installed in the clubroom.

This past Fall we were able to initiate the 'Banner Program' in downtown Cobourg. They were very well received, and 45 banners were hung. New applications are coming in for this year.

We were able to hold and Honours and Awards after a hiatus, which included a 70-year award to Jimmy Keeler.

Volunteers of the Branch and I helped with the Highway of Hero's cleanup at the on and off ramps to Cobourg, last fall and again this spring – of which we were fortunate to have a lovely sunny day!

Monthly Fish and Chips have been huge success. Watch out for Summer BBQs with the warmer weather! For the fall, we are exploring options for more meals.

Started Veterans Coffee morning twice monthly, with the President and Service Officer, and have been well received. Regularly have 12 members attend.

The Poppy Campaign raised \$51,722.65 could have gone better if we had more volunteers to do tagging. We had many vacant spots. Let's all remember why we are members of the Legion and take an hour to sign up to raise funds to help support our Veterans.

We have held a wine tasting, beer tasting and Scotch tasting. Yes, there will be more as they were well received.

Trivia has been very successful this year, with on average 50 – 60 players weekly. Next Session will start September 17<sup>th</sup>!



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All these accomplishments could not have happened with help and support of the Executive committee of which I extend my thanks, and to members of the Branch, to have continuously helped with the meat draws and Fish and chip nights, and thank you to the members of the Branch to come out and support the events.

### **Entertainment Committee**

#### **SUNDAY DARTS THIS SUMMER.... 2025**

The teams will be picked from 12:30 to 1:00pm. As well as the number of teams and games we play.

The Sunday's will be...

June 8<sup>th</sup>

June 22

July 6

July 20

August 10

And the last game will be

August 24

The cost will be \$2.00 per week played with a pay back for first place team and highest score

Come out and have some fun if you have no plans or it's a rainy day on a Sunday afternoon.....



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## **Ladies Auxiliary June 2025 Missile Report**

May has been a busy month for the Ladies Auxiliary with Zone Convention, several year-end catering events, and Decoration Day activities.

Our newly & previously elected Officers, Executive & Committee heads met for a super lovely potluck dinner on May 26th. This is an opportunity to become acquainted, and is, prior to the Executive, whereas items are discussed and next steps for implementation, etc.

Our bursary team reviewed the applications and the decision on the applicants was finalized for the commencements in June. Please advise children, grandchildren, great grandchildren who are graduating in the future years, that the LA have two bursaries that can be applied for. Now it is too late for applicants for 2025.

A number of LA members will be attending the screening of the Cobourg Legion docuseries presented by Eelay Media on Thursday, May 29. It will be interesting to see and to learn about the airing/streaming of the docuseries.

A Ladies Auxiliary team are decorating resting places of deceased members on Saturday, May 31st with a red carnation at Union Cemetery, St. Peters Cemetery & St. Michaels Cemetery in preparation for Decoration Day. The service is on June 1 at 1:30PM at St Michaels & all are invited to attend. The LA Colour Party & President J. Richardson will be in attendance.

### **June 2025 Catering Events**

18th- Over 55 Luncheon 12:00: Please reach out to a convenor or sign up at the General meeting to assist on the dates provided. It is most appreciated when you get in touch to assist, and we need lots of help this month given the number of events!

As noted, June is very quiet for catering events, however, the LA have decided to make meat pies on June 25th and will also host two (2) suppers per month for July & August. Please check the website, bulletin boards or get in touch with an LA member if interested in working at these events. Stay tuned for updates.

### **Notice for Upcoming Events**

- District Sports Meeting-June 8 Whitby (contact Michelle Mallory if interested in attending)
- General Meeting June 2 @ 7:00PM
- Joint Br & LA Executive Meeting June 23 @6:30PM

Please note there will be no LA report for the months of July & August

**In Comradeship,**

**Normalee Teskey- 1st Vice President of Ladies Auxiliary, RCL Br # 133 Cobourg**





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Honouring courage, sacrifice, and community at Cobourg Legion Branch 133 Legion of Honour tells the stories of Cobourg's Royal Canadian Legion Branch 133, an enduring symbol of service, sacrifice, and community. The series explores how the Legion preserves remembrance, as told through the voices of Veterans, volunteers and local leaders.

At the heart of the branch, members are driven by a deep respect for service. From the tireless efforts of the Ladies' Auxiliary to the commitment of the Legion Pipes and Drums, the club room and banquet hall are active hubs for the community.

Cobourg's Fern Blodgett Sunde, who broke barriers as the first Canadian female wireless radio operator to serve at sea during the Second World War, continues to inspire local army, air, and sea cadets.

The series highlights old and new traditions, from monthly fundraising draws and dinners to the newly established Veterans banner program in Downtown Cobourg. A small-town Legion reminds us why honouring service remains vital, not just for veterans, but for all Canadians.

Cobourg Legion Branch 133: honouring the past, celebrating the present, and building the future.

### **Episodes**

#### **Voices of Service**

Cobourg Legion Branch 133 honours veterans and builds community, as the Ladies Auxiliary carries on 88 years of dedicated service.

#### **Remembrance in Action**

The Town of Cobourg and Alderville First Nation come together in remembrance, preserving the past and inspiring future generations.

#### **Breaking Barriers**

Fern Blodgett Sunde broke barriers as Canada's first female wireless operator, inspiring local cadets programs.

#### **Allies in Community**

Branch 133 champions music, sport, and service, preserving tradition and investing in the future.

#### **Honouring Branch 133**

Home to 1,000 members, the branch supports local veterans and brings the community together through meaningful events.

#### **The Legion's Evolution**

Honouring veterans and uniting families, Cobourg's Veterans Banner Program marks a proud chapter as Legion Branch 133 approaches its centennial.



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## **Membership Report**

On Sunday May 25th we initiated 29 new members, out of these, 25 members stayed and enjoyed hospitality. We had Musicians, BBQ, lots of dancing and singing a great time was had by all, our next initiation will be at the June meeting,

Thursday June 19th. I am looking forward to putting my list of volunteers together to help with membership if you're interested in helping, please email [133upton@gmail.com](mailto:133upton@gmail.com).

Call or text 289-251-3478 please leave your name and phone number.

**Respectfully Josephine Upton,**  
Membership Chair.



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On Monday April 21<sup>st</sup> we had a great afternoon of darts. High score was made by Greg with a score of 129. Great job Greg. Our winner of the 50/50 was won by George of \$30.00. We had Jenny's great-granddaughter Emma join us today. Hope everyone had a great Easter weekend.

Monday April 28<sup>th</sup> was another wonderful day of darts. Lots of laughs with some great people. The 50/50 draw was won by Esther of \$27.00. The highest score was won by Doug with a score of 116. Great job Doug.

On May 5<sup>th</sup> we had another fun afternoon of darts. The 50/50 draw was won by Linda C of \$37.00 The highest score was won by Rick with a score of 130. Great job Rick Today was the 1<sup>st</sup> of our playoffs with team 8 winning the first round.

On May 12<sup>th</sup> we had a great afternoon of darts. The 50/50 was won by Sonia of \$37.00 The highest score was won with a tie of 114 by Marian and Rick. Great job guys.

These are the last games for the season. Round 2 of the playoffs.

THE WINNERS FOR THE SEASON IS team 8... Derek, Carol, Brian, and Bill. Fantastic job guys 🦋

If you are over 55 and interested in joining us next year for a few hours on Monday afternoons, please come by. The date to start will be in the August missile. Games start at 1pm and is \$2.00 for 3 games.

Our Over 55 luncheon was held on May 21<sup>st</sup> at noon. We had hot turkey sandwiches, roasted potatoes, dressing, cranberry sauce, and coleslaw. For dessert we had a choice of apple or lemon pie and of course tea or coffee all served by the Ladies Auxiliary. The winner of the 50/50 draw was won by Stan of \$40.00. We also had a door prize, and the winner was Marie of \$25.00. We celebrated 5 birthdays for the month of May. Each person who attended received a cupcake for their special day. We had our meeting then enjoyed a few games of bingo.

While we are absent for the summer there will be 7 birthdays in June, 8 birthdays in July and 7 birthdays in August. Happy Birthday to you all. 🎂

On behalf of the 55 Club, we would like to thank Bill, Lynn, Edith, Sonia, Jenny, Judy, Art and Esther for a great job keeping our group running smoothly. Looking forward to next year. ❤️

**HAVE A GREAT SUMMER EVERYONE...** 🌻 🌻

**Communication officer: Judy Turk**





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## **Padre**

### **WHAT CAN WE DO?**

Some good wishes are in order as we go to press this month. Summer will be upon us, so May you have a wonderful time of summer activities. I also want to extend my congratulations to our new executive, that you may have a very successful term.

Thanks to all who have stepped up to serve. As you see from my article title, my theme is what can WE do.? That's my Segway to tell you about a few highlights from the Royal Canadian Legion 53rd Biennial Provincial convention, recently held in London Ontario. 478 registered delegates attended the four-day event. If you would like to observe and learn the ❤️ of your Legion, attending a convention, district or provincial is something YOU CAN DO. Here are some biographical excerpts:

#### **LAWRENCE CHRISTENSON::**

Lawrence served 28 years in the Canadian military, with several deployments in the middle east, Africa and SE Asia. Lawrence also represented us as a member of Team Canada at the 2019 Warrior Games in Florida. Lawrence has embraced a number of different strategies to assist him in his PTSD journey; including working with horses and dogs. Lawrence has been a PTSD Service Dog handler and advocate for 11 years and was proud to walk beside National Service Dogs; Lynx for 9 years and today is partnered with National Service Dogs' Roxy thanks to the generous support of the Ontario Command of the Royal Canadian Legion in partnership with Wounded Warriors Canada.

Lawrence told us; Service dogs enabled him to "get his life back". Lawrence's story gives us pause to ponder; what CAN WE DO? Following his presentation, checks amounting to \$94,000.00 were collected. Over Two million dollars has been raised for this program to date.

One of the checks was presented by Nash. Nash first saw a service dog when he was six years old. He researched them on the internet and set about raising funds by auction sales and various means. Nash is now eight years old and the check he presented was for \$13,000.00 To date he has raised \$25,000.00. Gives us pause to wonder WHAT CAN WE DO?

#### **MICHAEL TRAUNER:**

Mike Trauner served in the military for almost 19 years as an infantry soldier, Paratrooper, LAV Crew Commander, Section Commander, and Instructor at the Third Battalion Royal Canadian Regiment at CFB Petawawa and has served in Bosnia and Afghanistan. While on deployment to Afghanistan 2008, MCpl Trauner stepped on a roadside bomb resulting in the loss of both his legs, three fractures to his left arm and twenty-five breaks to his left hand, multiple burns, he had his right thumb reattached and suffered nerve damage throughout his body and even had fragments of shrapnel imbedded in his eyes.

MCpl Trauner required 18 major surgeries, 18 blood transfusions. He died twice from his wounds and had to be placed on life support to keep him stable and alive. Mike and his wife Leah spent 14 months at the Ottawa Rehabilitation Center learning to walk and live again. After only 69 days Mike took his first steps and shortly after completed the 5km Army Run despite being told he may never walk again.



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Mike represented Team Canada at the September 2017 Invictus Games in Toronto after being challenged by Prince Harry to join Team Canada. He competed in both Rowing and Cycling, winning Canada double gold medals which were presented to him by Prince Harry.

Mike has earned the Medal Of Valour for heroism while in Afghanistan, presented to him by the Governor General, the Sacrifice Medal for the loss of limb and life, "I have served my country with great pride and distinction over the past 19 years. My goal is to carry on that tradition and wear the Canadian flag once more, to inspire pride in others and to prove that a disability does not define you". "One Inspires Many"

If one was not moved by Mike standing at the podium, telling his story, then I don't know what would move that person.

**Gives us pause... WHAT CAN WE DO?**

Then there was the senior attendant at the convention, Una. Una is ninety-nine years young, and she is planning to be in Winnipeg next year for the dominion convention celebrating The 100th Legion anniversary.

Everything we do as Legion members is ultimately to support these heroes and their loved ones.

Please consider WHAT YOU CAN DO.

Speak to an executive member to learn of opportunities to serve.

LEST WE FORGET.



**Chaplain Art**



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**Cobourg Legion Pipes and Drums**  
**Missile Missive**  
**May/June 2025**

You could be forgiven for thinking that the spring and summer band activity seasons have come and gone, given the state of a persistent chill in the air. However, we live in the hope that warmer temperatures, and the benefits that they impart to parades at this time of year, will soon be apparent.

May will end with the band's appearance at the May 29 premier of "Legion of Honour", a local and Bell initiative video production celebrating the veterans, volunteers and local heroes of our Branch 133. It will be shared with Legion members, Cadets and guests on Thursday evening at the Orr St. Legion building, ahead of its release to Bell subscribers. At this deadline-date imposed writing, the documentary has not been seen, but rest assured it will have been an honour to view it, as it will be an honour to play for this gathering.

The tradition of the CLP&D playing at the Cemetery Decoration Day continues. This year held at St. Michael's Cemetery in Cobourg's west end, we will help honour the veteran's buried there, starting at 1:30 on Sunday, June 1. A first for us the year will be playing for the Cobourg Police Service Torch Run on June 5. Another first will be playing for the Annual Royal Canadian Air Cadet Ceremonial Review, also on June 5, at the Cobourg Community Centre. It is a treat to see so many young people dedicated to the ethos of military service, each of them, a credit to their local 598 Sabre Squadron and to our country.

On June 7 we are in the city for the Annual Portuguese Parade, an enjoyable playing stroll through a leafy portion of the Portuguese area of Toronto, and on June 21 we are the Duty Band for the Northumberland Highland Games in Port Hope. It is a chance to play the dignitaries onto the field and then join the many other pipes and drums in the Massed Band signature event. The month concludes with our traditional participation in the Grafton Canada Parade on June 29.

Let's hope it warms up soon.

Ian



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**Sgt at Arms report, here is the May Entertainment report.**

### May Entertainment Report

The following activities took place in May.

- May 6 Veterans Coffee Morning
  - Entertainment Committee meeting
- May 14 Last Wednesday Trivia
- May 18 Bingo (Members help sell tickets at Hometown Bingo to raise money for the
  - Branch (More volunteers needed.)
- May 20 Veterans Coffee morning (Everyone welcome.
- May 20 Welcoming ceremony in the Banquet room, followed by
  - BBQ Burgers and Sausages
  - Entertainment, 'West Of 60'
  - Chris Devlin
- May 29 Viewing of Bell Media, Docuseries, 'Legion Of Honour'. Short series about our Branch.

**This is my report, and I am so moved.**

**In my comradeship, Ian Kyle**



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## Volunteers Needed

The Royal Canadian Legion's backbone is volunteers. We are fortunate in Cobourg to have a large membership base, and yet so few volunteers.

We need more volunteers. There are sign-up sheets on the board at the branch. Sign up for what you are interested in. This helps the chairs of the committees to reach out to those that are interested in helping.

### Some categories are...

- ✓ Military Service Recognition Book
- ✓ Smart Serve and Canteen
- ✓ Decorating Committee – Artifacts
- ✓ Honours and awards committee
- ✓ House and Property – Grass cutting and minor repairs
- ✓ Sick and Visiting
- ✓ Youth Education
- ✓ Entertainment and Events
- ✓ Ways and means – (fundraising)
- ✓ Meat Draws
- ✓ Membership
- ✓ Meals
- ✓ Bingo – selling bingo card

Please sign up to help when and where you can. The success of the Branch depends on its volunteers and it's Executive. We want to do more but to do that we need more volunteers.





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## Ways and Means Reports –



<b>Toonie Draw</b>	
April Income	\$1,025.00
1 winner	\$253.00
June 1st to April 30th	
Income	\$10,089.00
Payouts	\$5,657.00
Donated	\$2,300.00



<b>Meat Draw</b>	
April Income	\$6,395.55
meat expense	\$4,182.77
June 1st to April 30th	
Income	\$80,628.50
Meat Expense	\$45,307.03
Donated	\$22,579.17

## Misc Lotto

<b>Nevada</b>	
April	\$4,848.50
winning tickets	\$3,518.00
June 1st to April 30th	
winning tickets	\$43,658.50
	\$30,708.00
Donations	\$13,500.00

<b>Bingo</b>	
April payout	\$742.46
June 1st to April 30th	
Received	\$7,134.65
Donated	\$3,000.00



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## Club Room Bar Hours

- Monday: 12:00 to 10:00
- Tuesday: 12:00 to 6:00
- Wednesday: 12:00 to 10:00
- Thursday: 12:00 to 6:00
- Friday: 11:00 to 11:00
- Saturday: 1:00 to 6:00
- Sunday: 12:00 to 5:00



Don't forget while you're enjoying the clubroom, to also enjoy some snacks, play the always popular Nevada tickets and tip our own hard-working Buddha and sweet Grace! AND pop those can pop tops for the wheelchair fund! 😊

